



# Densholme Farm action



Densholme Care Farm - Hull Road - Great Hatfield - HU11 4UX - 01964 535315

## **Densholme Farm's Approach to COVID-19 Symptoms** **for Staff and Volunteers only**

It is a priority that the farm is aware immediately of all cases of COVID-19 in our community of staff, clients and visitors, as well as those with symptoms or who are required to self-isolate. This will help us to take swift action where appropriate to minimise the risk to others and to enable us to liaise with external bodies such as Public Health England and Local Authorities to ensure that actions are effective and proportionate.

### **What to do if you have symptoms**

If you have any of the main symptoms of COVID-19, even if they're mild:

1. Get a PCR test (test that is sent to a lab) to check if you have COVID-19 as soon as possible.
2. Stay at home and do not have visitors (self-isolate) until you get your test result – only leave your home to have a test. [Check if people you live with need to self-isolate.](#)
3. Contact the Supervisor on duty to advise them that you or a member of your household have suspected symptoms of COVID-19
4. You must then not attend work and self-isolate in accordance with the Government's guidance at <https://www.gov.uk/coronavirus>

### **COVID-19 Symptoms**

The main COVID-19 symptoms are:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

Full details of symptoms can be found here: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/main-symptoms/>