



Densholme Farm action



Densholme Care Farm - Hull Road - Great Hatfield - HU11 4UX - 01964 535315

Densholme Farm's Approach to COVID-19 Symptoms **for Staff and Volunteers only**

It is a priority that the farm is aware immediately of all cases of COVID-19 in our community of staff, clients and visitors, as well as those with symptoms or who are required to self-isolate. This will help us to take swift action where appropriate to minimise the risk to others and to enable us to liaise with external bodies such as Public Health England and Local Authorities to ensure that actions are effective and proportionate.

If you or a member of your household are displaying COVID-19 symptoms (however mild) you must follow this guidance:

- If you are at home, stay at home
- If you are at work, you must leave immediately
- Contact the Supervisor on duty to advise them that you or a member of your household have suspected symptoms of COVID-19
- You must then not attend work and self-isolate in accordance with the Government's guidance at <https://www.gov.uk/government/publications/covid-19-stay-at-homeguidance>

COVID-19 Symptoms

The main COVID-19 symptoms are:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

Full details of symptoms can be found here:

<https://www.nhs.uk/conditions/coronaviruscovid-19/symptoms/>

When to Self-Isolate

You must self-isolate immediately if:

- you have any symptoms of coronavirus (see listed above)
- you've tested positive for coronavirus – this means you have coronavirus
- you live with someone who has symptoms or has tested positive
- someone in your support bubble has symptoms or has tested positive
- you're told to self-isolate by NHS Test and Trace, further details found here: <https://www.gov.uk/guidance/nhs-test-and-trace-how-it-works>
- you arrive in the UK from a country with a high coronavirus risk, further details found here: <https://www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk/coronavirus-covid-19-how-to-self-isolatewhen-you-travel-to-the-uk>

This is also relevant to those who have had close recent contact with someone who has coronavirus. Employees must self-isolate if the NHS test and trace service advises you to do so. Further guidance is found here: <https://www.nhs.uk/conditions/coronavirus-covid19/testing-and-tracing/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

If you personally are experiencing one or more of any of the COVID-19 symptoms listed, you must book a COVID-19 test and follow the self-isolation guidance as per Government guidance until you receive the results of your COVID-19 test. Further information can be found here: <https://www.gov.uk/get-coronavirus-test>